



**SEGUNDO LUGAR, CATEGORÍA MENOR (13-15 años)- INGLÉS**

Medicine: Are we doing it right?

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We have to marvel the human race. It is an amazing creature, capable of almost unbelievable acts, yet, they are done every day. But, the greatest thing a human has, is its need for knowledge. This thirst for knowing more is what gave birth to medicine, and thanks to that, many of us are now here.

But, has it been considered that medicine is really a good thing? We can't deny that thanks to the knowing of the functions of the human organs, systems, thousands of people have been saved. But, what if medicine itself is what made those people get sick in the first place?

We have all heard the Darwin's evolution theory. Only the best, the strongest, the fastest, can survive. The weak one's are discarded and the rest live on. Nature is beautiful that way. Natural selection perfect. It is what has brought us to who and what we are today. But medicine, even with all the benefits it has brought to humanity, has and is, tampering with the greater power that has placed us where we are.

We can't deny that is hasn't helped, we understand what we are, at physical levels. We know how our heart beats, how the blood circulates and how the lungs oxygenize it. We know why our hearts stop, why the blood won't clot or why the lungs close off and prevent air from entering. Yet, ask yourselves, if there wasn't a medicine that opened the lungs and thickened blood, would the diseases even exist? The answer is no.

Nature has that the weak one will die. Those who can't breathe will die. Those who have weak hearts will die. Those who bleed unstopping will die. Only the strong, healthy ones will have a future. Small changes, mutations as we call them, in DNA structure is nature's way of trying to upgrade us. Yet we muffle it. We destroy the trials and errors of nature and believe we can do it ourselves.



Take a dog, for example. He is nothing special, some street dog with no identifiable trait of a breed. He has lived in the street all his life. He slept under cold rain. He ate only some days. He lived and survived because he adapted. Now take a pampered pooch. A dog so fine, it cost more than what most make in a regular job. His father was a purebred. His mother as well. He couldn't be any purer than them. He has had food, a warm bed and medicine. If the roles were switched, which one would survive? The pampered dog would die. Because his immune system has been tampered with. The same applies to humans. We become dependent of narcotics that "help" us, but in reality, we only obstruct what could save us.

The illnesses in our body are the Neanderthals and nature has to let them die, so the Homo sapiens can take its place. Medicine is blocking the Homo sapien from rising.